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Flowers: An Adult Coloring Book: (Volume 2), #1 Book For Your Inner Artist, An Adult Coloring Book With Over 30 Unique Patterns & Designs To Color, Roses, Sunflowers, Lilies And More, Perfect Gift





Synopsis

Flowers: Vol.2 An Adult Coloring Book #1 book for your inner artist. An Adult Coloring Book featuring A collection of over 30 Stress Relieving Flowers. This book is for all levels with shape patterns ranging from minimal to very detailed. The paper is perfect for fine tip pens, colored pencils and markers. The completed adult coloring pages are an excellent Gift to give to friends, family and other loved ones for holidays and special occasions. Join the millions of Adults who are using coloring books to conquer stress while at the same time relaxing and creating beautiful artwork. The paper is perfect for fine tip pens, colored pencils and markers. The completed adult coloring book pages are an excellent Gift to give to friends, family and other loved ones for holidays and special occasions. The Benefits of Coloring for Adults Coloring is the perfect way to relax after a tough day and great for enhancing your creativity. For many, coloring a beautiful image can be a form of meditation. It allows you to enter the flow state in which you are in the moment, actively focusing on what you are doing and blocking out all distractions around you. Stressful thoughts and future worries can be simply pushed aside as you take time to enjoy the present moment. We live in an incredibly busy world. Our pace of living is often full speed and our minds are continually jumping from one thing to the next. It is very beneficial to disconnect and give yourself a break. Your mind needs time to sort out all the information it receives and your body needs time to simply unwind. Coloring can provide that calming break. Coloring is such a simple relaxing leisure activity and best of all you get to create beautiful artwork too! Here are some other benefits of the art of coloring: Color on your own or with friends and family. Coloring can improve performance at work through enhanced focus. You can display your finished artwork in the Home or Office. You can give your finished artwork away to friends and family for special occasions. Coloring strengthens the creative side of your brain. Coloring helps to build fine motor skills. Coloring is an amazing form of self expression. Grab your supplies, find a guiet space and enjoy this peaceful activity! File under: Books > Arts & Photography > Graphic Design > Techniques > Use of Ornament Books > Arts & Photography > Drawing > Pen & Ink For Adult who color, Coloring book for kids, Coloring books for Children. Books > Arts & Photography > Other Media > Mixed Media

Book Information

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Customer Reviews

I received vol.1 as a gift and was pleased so I brought a copy of vol.2 I see the they also have coloring books with Birds and Butterflies, most likely I will get the whole collection.

I'm not crazy about this book. Some of the drawings are not very well done and instead of providing just an outline on some of the pictures, they've actually used black to 'color' some of the areas of the pictures. The whole point of a coloring book is to color the picture using your imagination not the illustrator's predetermined color, even it is black. I've noticed that as well with another book I have with birds in it. Some of the pictures in this book are so dark gray/black that you have little to color in them. If you're just starting your coloring experience, you might like this one but if you're enjoy adding your own shading and blending, you might not like this one.

yes!!!!!!

Wonderful coloring book with great designs and pictures :)

great

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